

HUB Fitness Classes

grow
sport



Winter Schedule (starting January 2, 2019)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:15 – 8:15am	20/20/20 Jenn	Cardio & Strength Alana		Circuit Alana	
9:00 – 10:00am	Circuit Jenn	Cardio & Strength Kaili	20/20/20 Alana	Cardio & Strength Alana	TRX Britt
5:45 – 6:45pm	Snow Fit Alana		Cardio & Strength Jenn	Circuit Jenn	6:00 – 7:00pm ZUMBA Susie
7:00 – 8:00pm	Muscle Release and Relaxation Alana				

No Classes

- Mon Feb 11 to Thu Feb 21
- Wed Mar 27: no 5:45 & 7:00pm class

Pass Options

- Drop-in \$12
- 10 x drop-in pass \$100
(expires after 90 days)
- Monthly unlimited pass \$85
- 3-month unlimited pass \$240
- Annual unlimited pass \$600

*Purchase passes at the Athletes' Lodge,
next door to Hub!*

Whistler Athletes' Centre - Performance Hub

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