



NEWS RELEASE

For Immediate Release

December 5, 2016

Whistler Sport Legacies offers wide range of Youth Programming this winter season

Whistler, BC: Whistler Sport Legacies is offering a wide variety of youth programming this winter to make as many sports available to local and visiting youth. To implement the comprehensive activity line-up, the not-for-profit organization is co-operating with various groups such as the provincial sport associations for bobsleigh, skeleton, luge and freestyle, Whistler Blackcomb and the Whistler Gymnastics Center.

“Our philosophy at Whistler Sport Legacies is to offer varied programming that lets kids try as many sports as possible instead of focusing on just one sport”, explains Lucinda Jagger, the organization’s Vice President, Sport. “Letting them participate in different sports builds a better skill base for all sorts of activities, aids in injury prevention and eventually makes them better athletes.”

All Whistler Sport Legacies venues are involved in the programming. Throughout the season, the Whistler Sliding Centre offers one-session ‘Discover’ clinics for beginners that want to learn the basics of luge, skeleton and bobsleigh. Whistler Olympic Park will offer multi-sport programs that give introductions to a variety of Nordic winter sports. The programs are offered either as a multi-day series on four successive Saturdays in either January or February, or as 3-/4-day camps during the Christmas and Spring Break Holidays. Also introductory ski jumping will be available at Whistler Olympic Park. Girls and boys between 8-14 years can sign up for a multi-session flight school on Sundays (December 11 to March 19). Optionally, they can add cross-country sessions to their jumping day to get a taste of the sport of Nordic Combined.

A special program is back for its third season: The “Olympic Mondays” camp, six Mondays in January and February, introduce girls and boys aged 9-12 to a different Olympic sport each week, such as biathlon, snowboard, freestyle, cross-country, luge and ski jumping. Youth 7-12 years old that are not able to commit to six successive days of camp, can book sport sessions on the Pro-D days between December and June, which will each feature different sports such as cross-country skiing, ski play, beginner ski jumping, summer biathlon and ball sports.

Space for participation is limited, more Information on all youth programs and registration is available at www.whistlersportlegacies.com/youthprograms or at 604-964-0040.

Whistler Sport Legacies

Mail: 1080 Legacy Way, Whistler, BC, Canada V0N 1B1
Street: 4910 Glacier Lane, Whistler, BC, Canada V0N 1B4
Web: www.whistlersportlegacies.com





About Whistler Sport Legacies

Whistler Sport Legacies is a non-profit organization responsible for Whistler Olympic Park, the Whistler Sliding Centre, and the Whistler Athletes' Centre. Each facility plays a unique role to grow sport for the benefit of athletes, residents, and visitors.

– 30 –

Media Contact:

Whistler Sport Legacies:

Silke Jeltsch

Communications Specialist

Office: 604-964-0054

Mobile: 604-906-0588

sjeltsch@whistlersportlegacies.com